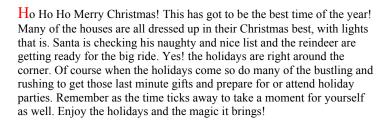




December 2003

*Volume 1 Edition 11* 



The Festival of Trees is just around the corner! Viewing of the trees will be December 13<sup>th</sup> & 14<sup>th</sup> from 10:00am to 5:00pm. Many washi picture frames have been made for the Command tree and now all they need are the faces of our loved ones to fill them. Please drop off a picture to 170 Gridley Lane or 64 Kimball, you can even drop them in the mail: Commander 7<sup>th</sup> Fleet Ombudsmen, PSC 473 BOX 290, FPO-AP 96349-0290. Or if you prefer, email us a picture. Please understand: to have your picture ready for the tree we must have it no later than December 8th. The frame opening is 2 1/2 by 4 1/2, so please make sure the picture you choose will fit into this space.

Below you will find the information for the upcoming Christmas Parties! Enjoy and Happy Holidays!



Be sure to mark your holiday planning calendar for the below dates! A huge amount of planning is going to ensure these parties will be a great time to remember!

- Children's Christmas Party onboard Blue Ridge in the wardroom on Saturday December 20th at 2:00PM. Please bring a small wrapped gift for Santa Clause to give to your child/ren. There will be food, games, and lots of holiday spirit!
- Adult Christmas Party at the O'club on Sunday, December 21st, bar will open @ 5:30pm and everyone seated by 6:15pm. Attire is semi-formal.



# **Care Line Phone Number**

243-9367



If you have any questions or concerns please contact us!

Email: comm7thfltombudsman@yahoo.com







DEC. 13<sup>TH</sup> & DEC. 14<sup>TH</sup> @ 1000-1700 Open to the public. The event will feature beautifully decorated trees, Santa Claus and

Musical entertainment throughout the weekend! Saturday morning will also feature Seika Kindergarten and Sullivan Elementary School singing your favorite Holiday songs!

Mrs. Claus, hot chocolate, juice and cookies.



#### Fast Office has Relocated!

Please take special note that the Fast Office is now located between the USA Federal Credit Union parking lot and the Post Office.



#### **December Look Ahead**

(for more information about these items take a look at the FOCUS Magazine) - Negishi Bonfire/Christmas Caroling

6th- Joanie Bartels Children's Show

7<sup>th</sup> - Army/Navy Game

12<sup>th</sup> &13<sup>th</sup> - Thew Gym Closure

14<sup>th</sup> - Base Historical Tour

14<sup>th</sup> - Harlem Ambassador Show

19<sup>th</sup> - 7<sup>th</sup> Fleet Band Holiday Concert

20<sup>th</sup> - Negishi Rock 'n Roll Road Show

24<sup>th</sup> - Negishi Santa Visit



#### **Kerosene Heater Safety**

Fleet & Family has a wonderful class that will teach you the in's and out's of using kerosene to heat your off base home. Be safe and call the FFSC today~ 243-3372



## Get healthy, get in shape!

Fleet Rec offers personal trainers to help you get in shape. Your first 5 sessions are free and they will show you how to get in shape the right way.

POC: MWR Fleet Rec



### **Emergency Pet Care Services**

After hours veterinary services can be received from our Yokosuka Base Veterinary Clinic. Call 090-1106-3894 after normal clinic hours.



#### **AFN Satellite for Off-Base**

Get American Programming in your Off-Base home! Contact the NEX